

3217 Hennepin Ave. S. Suite 2

Minneapolis, MN 55408

612-235-6743 \* [www.reclaim-lgbtqyouth.org](http://www.reclaim-lgbtqyouth.org)



*Increasing access to mental health support so LGBTQ youth may reclaim their lives from oppression in all its forms.*

### 2013 Board (Year End):

**Roxanne Anderson**

Member at Large

**Asher Edes**

Board Chair

**MJ Gilbert**

Member at Large

**Sarah Senseman**

Development Group

**Amelia Smith**

Finance Group

**Jen Witt**

Governance Group

### **2013 In Review**

#### **What does RECLAIM do?**

RECLAIM seeks to partner with all youth ages 13-25 who are marginalized because of their gender identity, gender expression and/or sexual orientation. Through this partnership we strive to create a safe physical, emotional and relational space so that youth within all racial & economic experiences may claim all parts of their identities, in their entirety, from oppression. We believe holistic healing work requires all of us to show up fully. We believe in building the capacity of those most impacted and in having them lead our efforts in community and healing.

### 2013 Staff:

**Janet Bystrom**

**Pheng Thao**

**Qamar Saadiq Saoud**

**Maryrose Dolezal**

**Dana Jeffries**



#### **In 2013...**

⇒ 64 youth received 1,345+ hours of support services, including 27 new intakes

#### **Since opening our doors in 2009...**

⇒ 74% of youth identify as trans (67%) or gender queer (7%)

⇒ 36% youth of color, multi-racial, or bi-racial

⇒ 76% have had suicidal thoughts & 56% have attempted suicide

⇒ 54% have felt pressure to have sex or been touched sexually without consent

⇒ 69% have been harassed due to their gender presentation or sexual orientation

⇒ 50%+ are uninsured or very inconsistent insurance

⇒ **100% of youth working to heal themselves & each other!**

# Thank You!

RECLAIM's success is a direct result of the time, money, & love given by many volunteers & donors!

We honor the service of these Board Members in the first half of 2013:

- ◆ Coya White Hat-Artichoker
- ◆ Tiffany Lane
- ◆ Zoe Hollomon

## Faith and Business Partners:

- ◆ Faith Methodist
- ◆ The Smitten Kitten
- ◆ Davis Business Law
- ◆ A Little Starlet
- ◆ Min Enterprises

## Funders:

- ◆ AHS Foundation
- ◆ Charter Oak Foundation
- ◆ Otto Bremer Foundation
- ◆ PFUND
- ◆ Sisters of St. Joseph of Carondelet

RECLAIM's strategies for supporting LGBTQ youth:

### 1. Individual & group therapy for LGBT youth and their families:

- Individual & family counseling
- Gender exploration group
- Integrative health services
- Triage Crisis Response for instate and outstate youth, families, and the social service providers working with them

### 2. Training, mentorship, & supervision of practitioners-in-training:

- People of color practitioner cohort & fellowship
- Social work internship

### 3. Education and micro advocacy through community partnerships, towards social change at the intersection of racial and gender justice:

- Training & consultation with social service organizations
- Education & outreach to faith and business community partners
- Integrative health practitioner training

*"The first thing I noticed at RECLAIM is that I felt very comfortable being who I am... I don't often fit into traditional girl categories of experience. At RECLAIM, the space is open and positive for me. In a lot of places, as a member of multiple marginalized communities, it can be scary to ask for help or speak up. I love that about RECLAIM—I am never in fear that I won't get my needs met or that I will fall through the cracks."*

- RECLAIM Client

