

RECLAIM! 

I RECLAIM

My Mental
Health 


2017
ANNUAL
REPORT

A LETTER FROM THE EXECUTIVE DIRECTOR

Greetings Dear Community,

I come to you in the spirit of excitement and enthusiasm for the incredible work RECLAIM has accomplished in the past year as we held steady during a time of transition, challenge, and growth. In 2017, RECLAIM served 165 youth in individual, family, and group therapy, a 20% increase from 2016. We stood by our youth, tirelessly advocating for their mental health, while also positioning ourselves as a secure space of refuge and support. We accomplished these goals standing on the foundation of thousands of donors, volunteers, and community stakeholders.

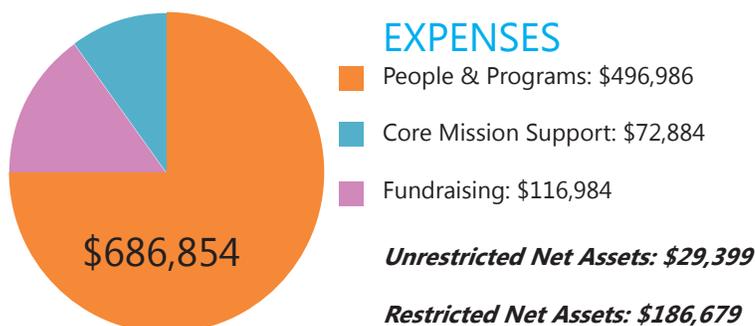


Only eight months into my term as executive director, I am pleased to announce RECLAIM's first federal grant award. The Office on Violence Against Women at the U.S. Department of Justice awarded \$750,000, payable over three years, to fund a collaboration with Saint Paul Public Schools and the Sexual Violence Center to reduce incidents of sexual violence among St. Paul LGBTQ youth. Additionally, thanks to a generous grant by the Medica Foundation, we will begin to offer onsite crisis counseling and therapy at Youthlink three days each week, expanding our services to youth experiencing homelessness. Finally, a new practice management agreement with Prairie Care Medical Group stabilizes our earned income by guaranteeing payments for every billable hour of therapy RECLAIM practitioners provide to youth and families. We cannot thank our community partners enough!

In 2018, we will continue to build RECLAIM's "Healing is Resistance" campaign, which empowers youth to embrace multiple, intersecting identities. We invite youth to heal through resisting oppression on many levels. Our commitment to providing queer and trans youth with accessible mental health support opens a space of safety, community, becoming and reclamation. In the words of one youth: "This is my sanctuary; this is where I can truly be myself in the world even if there is no other place. However, it's more than where I can be myself; it's where I can become myself."

Thank you for joining us in the work of healing and resistance. We could not do it without your support.

Dr. Felicia Washington Sy



ABOUT RECLAIM

RECLAIM's mission is to increase access to mental health support so that queer and trans youth may reclaim their lives from oppression in all its forms.

As a healing justice organization, we work at the intersection of gender and racial justice to provide:

- Excellent care through individual, group and family therapy for queer and trans youth ages 13-26 and their families;
- Deep apprenticeship, training, and supervision to therapy students and practitioners; and
- Trainings to business, faith, and community groups about gender competent work with queer and trans youth.

2017: A YEAR IN REVIEW

In the eight years since RECLAIM's founding, we have seen our youth arrive to us in a little better shape with every passing year. Each year there is less self-harm, less suicidal ideation, less bullying, less fear. We have tracked these numbers and the data speaks for itself: things have been getting better for queer and trans youth in the Twin Cities.

That is, until this year. In 2017 we saw the inauguration of perhaps the most intolerant president in recent history. We saw a rise in hate crimes, a trans military ban, and a president who told us over twitter that trans people are a burden and a distraction.

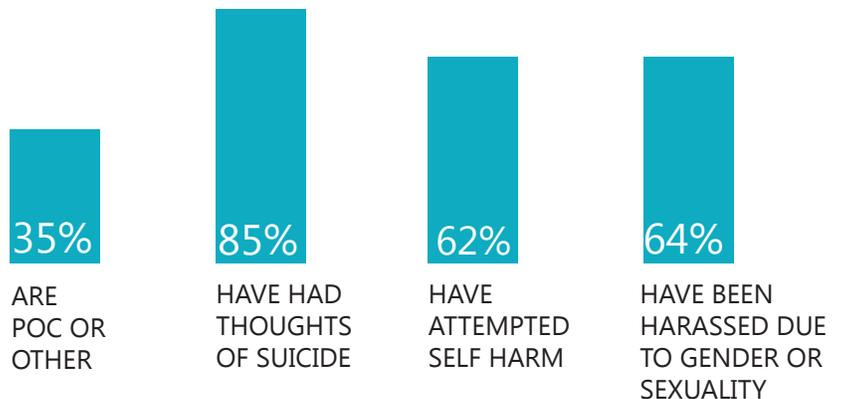
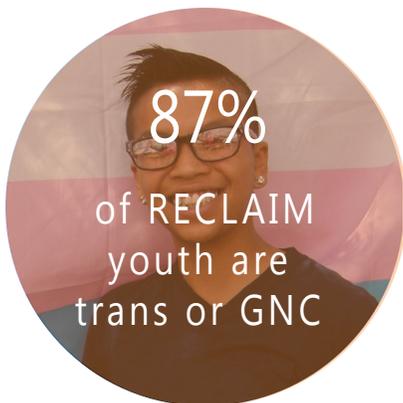
For the first time in RECLAIM's history, our youth are experiencing more quantifiable distress than they experienced during the previous year. Our political climate is reflected in the statistics you see below.



In the last year, we have also seen incredible bravery and action on the part of queer and trans youth and allies. We have seen queer and trans youth and allies respond to increasing bigotry by coming together in solidarity and community, by standing up for what is right. Every day at RECLAIM, walking through our doors, we see youth for whom it is an act of bravery just to be who they are.

At RECLAIM, we often talk about what resistance looks like, because in our community, resistance is how we get through it, how we come together. To resist is to stand up for our community, to center the voices and the needs of those who are most marginalized, to love each other and ourselves. **To resist is to heal. To heal is to resist.**

Here at RECLAIM, we resist by ensuring that young queer and trans people and their families get the mental health support that they need. We believe that healing is necessary if we want to fight for justice over the long term; that access to mental health care is part of the fight to move beyond mere survival. It is part of the fight to live, to make change, to thrive. It is part of the fight to be free.



RECLAIM STAFF

Alyssa Anderson
 Beaz Beasly
 Caroline Cruys
 Maryrose Dolezal
 Elliot Feria
 Anna Lifson
 Beckett Maravelias

Laine Mohnkern
 Qamar Saadiq Saoud
 Omkar Sawardekar
 JAC Stringer
 Saba Teshome
 Felicia Washington-Sy

RECLAIM BOARD OF DIRECTORS

Mary Bumblebee Pokluda
 Paul Haarstick
 Tom Pack
 Sara Pournoor
 Zaylore Stout
 Rabindra Tambyraja
 G Zachariah White

Funder
\$25,000+

AHS Foundation
Otto Bremer Foundation
PrairieCare
Twin Cities United Way
The Saint Paul Foundation

Diamond
\$10,000-\$24,999

James Dewitt &
Meyer Meyer
Stephanie Lilak
The K Foundation

Platinum
\$5,000-\$9,999

Anonymous
Thomas &
Michelle Plombon
Thomas Knabel &
Kent Allin
Charter Oak Foundation
IGNITE Sales Management and
Consulting Inc
Sisters of St. Joseph of
Carondelet

Gold
\$2,500-\$4,999

Greg Allison
Stacey Mills &
Sam Heins
Rabindra Tambyraja
Marcus Waterbury
Children's of Minnesota
Cleary Consulting Group
Faith United
Methodist Church
Imperial Court of Minnesota
Jim & Linda Lee
Family Foundation
Min Enterprises Photography
Target Corporation

Silver
\$1,000-\$2,499

Byron &
Ann Beasley
Jody &
Bob Bystrom
Janet Bystrom &
Amy Micek
Tim Cronin &
Jeffy Hnilicka
Dennis Dischinger &
Mary Mahoney

Sarah Farley &
Betty Tisel
Kestrel Feiner-Homer
Rachel Gold
Robin Hartwell &
John Hunsicker
Elissa J. Heilicher
Lisa Hoene
John E. Larsen
Sarah Lazarewicz
Eric Meininger &
Suk Ki Kim
Kjelsey Polzin
Stephen &
Natalie Setterberg
Carrie Strief
Longkee Vang
Dave &
Ruth Waterbury
G Zachariah White
Chowgirls, Inc.
Events By Lady K
Print Craft
The Smitten Kitten

Bronze
\$250-\$999

Khalid Adam
Anonymous
Lauri Applebaum &
Julie Tilsen
Mary Ballsrud
Gene &
Joann Bauers
Ander &
Megan Bolduc
Gary &
Doris Braley
Felicity Britton &
Tom Braun
David Bucher
Cory &
Missy Bystrom
John &
Mary Callahan
Maria Christy
Christina Cipolle
Monica Coulter
Kirstin Cronn-Mills
Phillipe Cunningham
David &
Pamela Dexter
Maryrose Dolezal &
Roya Moltaji
Asher Edes
Robert Felton
Janne Flisrand

MJ Gilbert
Angela Gopford
Shelly Graf
Catherine &
Steven Grotenhuis
Andy Hamp
Elizabeth Hanf
Sarah Hart
Karen Hedenstrom &
Kurt Schultz
Anne Hodson
Jay Horan &
Maureen Phillips
Jason Howard
Emily Hunsicker
Mary Jordan &
Jeanne M. Witzz
Kay Johnson &
Rebecca Waggoner
Thomas Flock Johnson
Gunna Kilian
Ani Koch &
Shawn Mason
Jo Lum
Linda Madsen
Matthew Majovski
Jennifer Martin
Gayle E Meyer
Linda Miller
Monello &
Constantine
Kim Mongoven
Monica Moses
Katherine Murry &
Russell Stark
Paul Nemeth
Kim H Nguyen
Alison Nowak &
Lacey Mamak
Omolola Osunkoya
John Owens &
Patricia Strong
Thomas Pack
Lynn Patricia
Laura Pattison
Pamela Petersen
Diane Petz
Maureen Phillips
Kris Reed
Jacob &
Brandi Reilly
John &
Eudora Rettger
Bryan Rolfes
Jacqueline Rolfes &
David Severtson

Matthew &
Susan Russell
Amy Ruzick
Emily Saltzman
Gary Schoener
Creg Schumann
Tom Scott
Linda &
Jesse Singh
Aaron Spiegel-Emms
Joseph Warren Steelman
John R &
Sue W Stillman
Patricia Strong
Deborah &
Jon Stumbras
Michele &
Carroll Vance
KrisAnne Weiss
John Wenstrom
Phyllis Wiener &
Shay Berkowitz
Jennifer Witt &
Elise Niedermeier
Eva Wood
Cory Wright
Summer &
Cory Wright
Aaron Zimmerman
Jessica Zimmerman
Barbara Zippel
John Zippel
Harvey Zuckman &
Phil Oxman
Eat For Equity
Encore At Allianz
Faegre Baker Daniels
Greater Twin Cities
United Way
Kitten Forever
No Place Like Home LLC
Peterson Family Fund
Pretty Good For A Show
Program In Human Sexuality
Truist - BCBS
Unity Minneapolis
Xcel Energy Foundation

Grassroots
Under \$250

Daniel Abate
Matthew Abbas
Jessica Adams
Kathleen Adamsick
Tory Ahmann
Alexis Akervik
Ellen Alexander

FOUNDATION, CORPORATE AND FAITH PARTNERS



PrairieCare



SISTERS OF ST. JOSEPH
OF CARONDELET & CONSOCIATES
ST. PAUL PROVINCE



Grassroots Continued

Qui Alexander
Kieran Allison
Jason Alvey
Scott Artley
Misty Austin
Carter Averbeck
Michael Bahr &
Morris Hartman
Kate Kunkel Bailey
Samuel &
Zachary Baker
Claire Banerjee
Scott Bartell
Kirstie Barton
Lisa Bauer
Elizabeth Beckman
Diane Benjamin
Kaj Benson
Bryan Benting
Seana Benting
Inez Bergquist
Rebecca Bernhard
Kari Binning
Katherine Bisanz
David Bjork &
Jeff Bengston
Frances Boehnlein
Anna Bongiovanni
Dean Born &
Alan Bode
Jennifer Bouchard
Julian Bowers
Sara Bracewell Debb Brant
Kelly Brazil
Selena Britzius-Negash
Beth Brophy
Autumn Brown
Lara Brown
Emma Buechs
Ronald &
Mary Burg
Thomas Burt
Cara Carlson
Timothy Carroll
Angela Carter
Meghan Casey
Tito Catuncan
Jill Chamberlain
Keith Cheetham
Alyssa Chilton
Claire Wilson &
Maria Kafer
Miriam Colacci
Malia Cole
Margaret Collins
Alexis Cooke

Ryan Cott
Nicholas Cotta
Dan Covich
Lucia Cowles
K Cross &
Becky Smith
Autumn Cunningham
Sally &
John Cunningham
Jeannie Czerner
Jessica Daniels
James Davies
DeWayne Davis
Beth Decker
Steven J. Deerwood
Joan Demeules
Joyce Denn &
Eric Smith
Rachel Dennis
Kasey Devine
Kurt &
Jacki Devine
Chad Devriendt &
Angela Gauthier
Christina Devries
Sarah Dheilley
Kristin Dillon
Kelsey Dockry
Mya Dosch &
Miles Harris
Heather Driscoll
Chris Dunne
Truong Duongand &
Jonathan Darr
Nicole Duxbury
Nils Dybvig &
Michele Braley
Mary Dylkowski
Jenean Eberhardt
EE &
Chee Thao
Eli Effinger-Weintraub
Lizzie Ehrenhalt
John Elliot
Elizabeth Engelking
Rick &
Margie Faherty
Lisa Filla
Claire Fleckenstein
Rachel Fletcher
Kenneth Fox
Tyler Frank
Addy Free
Venessa Fuentes &
Crystal Brinkman
Karen Gardner
Joanne Garlich

Colin Garstecki
Alexandra Gaudiani
Sarah Gehin
Robert Gelb
Luisa Gerasimo
Sara Gibbons
Nancy Gloe
Kathy Glur
David Gomshay
Christina Gonzalez
Shay(den) Gonzalez
Wendy Gonzalez
Johnathan Gordon
Gail Gorski
Joan Guettler
Sophie Guterl
Heather &
Peter Haakenson
Sydney Hammond
Brad Hanson
David Harvey
Darin Hatch
Sarah Hauglie
Lauren Haun
Daniel Hawkins
Ralph Henn
Mara Hennen
Hlee Her
Neely Heubach
Eric Highers
Arnold &
Shirley Hill
Kirsten Himle
Daniel Hnilicka
Betsy Hodges
Mary Hoelscher
Margaret Hoffman
Paul Hogrefe
Jaime Hokanson
AJ Hokland
Beth Hollingshead
Ashley Horan
Ben Horowitz
Benjamin Horowitz
AJ Horton
Keith Horvath
Naomi Hospodarsky
Sarah House
Dustin Huibregtse
Kimi Huskinson
Kat Huther
Dale &
Michelle Immerfall
Jay &
Lynda Isenberg
Alex &
Tamar Jackson-Nelson

Jacob West &
Rachel Hawkins
Andrew Janeba
Susan Janssen
Andrea Jenkins
Judy &
Dave Jerde
JoAnn Johnson &
Abby Brogden
Katherine &
Byron Johnson
Susan Johnson
Jean Jones
Nicole Jones &
Steffen Kellogg
Bridgit Jordan
Rita Joyce
JJ Kahle
Jaq Kainz
April Kaisen
Allison Kalman
Deborah Keenan &
Stephen Seidel
Katharine Kelly
Damon Kelsey
Allison Kieley
Sara King
Greg Klave
Debra Klein
Douglas Knowlton
Jayce Koester
Lisa Kohn
Tracy Kompelien
Nicholas Kor
Leah Korger
Hannah Kramer
Ryan Kroening
Jodi Kukla
Deanna Lackaff
David &
Leslie Lagerstrom
Carolyn Laine
Debora Lance
Jeanette Landin
Jennifer Larson
Kevin Larson
Kristi Larson
Laura Larson
Rebecca Lawrence
Kathy Lee
Kelsey &
Ellie Leonardsmith
Catherine Lesch
Donovan Lessard
Sandy Leuthner
Ruby G Levine
Joi Lewis

FOUNDATION, CORPORATE AND FAITH PARTNERS



CHARTER OAK FOUNDATION
SERVING YOUTH SINCE 1941

AMY RUIZICK
(951) 492-1044
KAY T. JOHNSON
RESULTS SUPPORT SERVICES
(412) 802-8261
KEITH TAYLOR
RESULTS SUPPORT SERVICES
(952) 829-1584

AHS FOUNDATION



graphic design
illustration
screen printing
timcronin.com
TIM CRONIN

STILL AIN'T SATISFIED:
A Foundation With Attitude

Cleary
Consulting Group

unity
Minneapolis
Wherever you are on your spiritual
journey, you are welcome here!

Roya Moltaji, CFP®, ChFC®, CASL™, ADRIA™, CAP®
Senior Financial Planner, Special Needs Financial Planner
Financial Services Representative
2013 Quorum Business Leader of the Year
301 Carbon Parkway, Suite 300
Minnetonka, MN 55305
moltaji@francistglobe.com
Charterpoint
Member of the National Financial Group
Call Roya today at
952-769-2126
WWW.ROYAMOLTAJI.COM

Grassroots Continued

Hannah Lichtsinn
Anna Lifson
Alissa Light
Nic Lincoln
Theresa Lippert
Louis &
Ea Porter
Jessica Lourey
Suzi Love
Catherine Lundoff
Becca Lutt
Dathan Lythgoe
Lars Mackenzie
Dylan MacWilliams
Christine Magnuson
Mary Mahoney
Nancy Maiello
Brittney Malec
Ashley Mangan
Nic Mann
Timothy Marburger
Ruth B Markowitz
Jensina B. Mart
William Maxwell
Nicole Mayefske
Katia McDonough &
Melanie Ruda
Allison McHale
John Mcilveen
Jeffrey Meanza
Elizabeth Mejia
Frederick &
Mec Melo
Monica Meyer
Neil Meyer &
Gail Goulett-Meyer
Jadrian Miles
Ai Miller
Fanny Miller
Jane Miller &
Susan Haugh
Katie Miller
Phil Miller
Nicole Mills
Kelsey Mitchell
Erland Moeckli
Yasmine Moideen
Stephanie Molliconi &
James Jurkovich
Nancy Moltaji
Vanessa Monahan-Rial
Mike &
Anne Mondloch
Sally Monson
Juli C. Montgomery-Riess
Joseph Montgomery
Kathleen &
William Montgomery
Erica Moore
Michael Moore
Kayla Mueller
Sarah Mueller
Ashley Mullikin
Susan &
Michael Mullin
Sarah Myott
Yukiko Nakajima
Christine &
Harrison Nelson
Kate Nelson
Wendy Nemitz

Giuseppe Nespoli
Allison Newman
Jane Newman &
Amy Lange
Emily Nuckols
Mark Nunberg
Ethan &
Jen O'Brien
Mariah Rooney O'Brien
Lorraine O'Shea
Trina &
EJ Olson
Lola Osunkoya
Margaret Ott
Astride Otto
Margaret &
Richard Passmore
Luciano Patino
Nathan Paulsen &
Laura Freund
Susan Pauly
Sarah Peck
Jillia Pessenda
Joshua Peterson
Jenee Petri-Swanson
Ella Phillips
Ann Pickrell
Zoe Poeschl
Mary Pokluda
Christine Popp
Marc Price
William Price
Nic Puechner
Desiraju Rao
Claire Reilly-Shapiro
Jane Reilly
Lynette Reini-Grandell &
Venus Demars
Cynthia Reuss
Kathryn Reynolds
Rich Smith &
Lesley Atwood
Diana Richards
Betty Richardson
Karissa Richardson
Emma Riese
Meg Riley
LeAnn Ristow-Kyro
Quinn Rivenburgh
Jason Rodney
Riah Roe
Ross Velure Roholt
Katherine Rojas-Jahn
Garden Roller
Shavani Roma
M. Kathryn Ross
Ben Rue
Aren Sabers
Michelle Saelin
Faith Saige
Shor Salkas
Becky Saltzman
Lee Samelson
Becca Sanborn
Craig Sandok
Qamar Saadiq Saoud
Jim Sauder
Rachel Saunders
Deborah Saxhaug
Jonathan Scharmer
Melissa Schedler
Naomi Scheman

Essie Schlotterbeck
Esther Schlotterbeck
Sara Schoen
E J Schoenborn
Sara Schonwald
Dave Schouweiler
Paula Schwartzbauer
Lacy Schwarze
Kristen Schweiloch
Kelly Senesac
Stewart Shacter
David E Shannon
Madeline Shaw
Scott Sheahan
Donna &
Steve Sherlock
K Sherman
Henry Shillet
Kathleen Shuler &
River Cook
Kayla Simmel &
Brayden Duckson
Kari Sindberg
Nimi Singh
Margaret Sleeper
Hugh Smeltekop
Laura Smidzik
Amelia Smith
Peter Smith
James Snustad
Dale Snyder
Susen Sobelson
E. A. Spolyar
Elizabeth Spolyar
Josh Squier-Rainville
Nicky Stein-Grohs
Linnea Stenson
Eileen Stephens
Nelda Radclyffe Stephens
Susan Stewart
Rebecca &
Ren Stinson
Zaylore Stout
Cathy Strobel-Ayres
Nicholas Stuhlfaut
Donna R Sutherland
Kaia Svien
Brendan Sweeney
Felicia Sy
Jess Tamang
Megan Tardiff
Linda Taylor
Stacy Thieszen
Jacob Thomas
Marney Thomas
Deborah Thorp
Timothy &
Alisha Gilbert
Nena Tolman
Emily Torgrimson
Tyler Tork
Sarah Trachtenberg
G. Tsurutani
Chris Turner-Peterson
Ryenne Underhill
Mel Underwood
Chitra Vairavan
Michele Van Vranken
Gregory Vance
Thomas Vance
Brent &
Lisa Vanderlinden

Laura VanZandt
Amy Verhulst
Jen &
Scott Vertanen
Allison Wagstrom
Monica Walch &
Bentley Gillman
Alfred Walking Bull
Alexis Walstad
Troy Weber
Annie Wells
Daniel Wells
Jenn Welna
Alfonso Wenker
Peter Whaley
Erin Wilkins
Steven Wolfson
Dylan Woodward
Mary Wright
Nicholas Yared
Dale &
Maureen Younkin
Kathy Zappa
Louise Ziegler
April Fools Bakery
Barbette
Red Stag
Bryant Lake Bowl
Bouwens Family
First Avenue
First Christian Church
Guthrie Theater
Intermedia Arts
Karen Ruth Massage
Ladies of The Lakes
Larkin Hoffman Daly &
Lindgren LTD Foundation
Minnesota Timberwolves
Minnesota Vikings
Norseman Distillery
Peace Coffee
Science Museum of MN
Solcana
The Draft Horse
The Jungle Theater
The Wedge Natural Food
Co-Op
Travelers
Valleyfair
Wells Fargo

Thank you to our anonymous donors!



If you notice any error to above names or households, please send corrections to RECLAIM at 612.235.6743 or info@reclaim.care